

SOCIAL WORK VOICE

Massachusetts Chapter

"FOR ACTION IS INDEED THE SOLE MEDIUM OF EXPRESSION FOR ETHICS."

- JANE ADDAMS

# Voting IS SOCIAL WORK

Member Spotlight: Ben Chase Voter Registration in Social Work Practice: Why and How Fall Continuing Education Webinar Lineup: Don't Miss a Single CE!

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# SOCIAL WORK VOICE

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# What We Do Now Will Define Us: We Must Not Let Up

### **Rebekah Gewirtz, Executive Director**

s I write this, the Supreme Court has just delivered its ruling in Dobbs and the right to have an abortion is no longer Constitutionally protected in the United States. The Select Committee to Investigate the January 6th Attack on the United States Capitol has conducted four hearings. Each has been more shocking than the last, showing in exacting detail just how close we came to losing our democracy that day. The Supreme Court has also recently ruled it should be easier to carry a concealed weapon, and West Virginia vs. EPA has also been decided. With this ruling, the Environmental Protection Agency will have a harder job reigning in polluters, consequently slowing action to curb the crisis of climate change.

Over many years, I have written either for FOCUS, or now for the Social Work Voice, about the importance of advocacy as a means to define our collective future. As these decisions have come down from what feels like "on high", and in direct conflict with the will of the majority of Americans, I am forced to reckon with my core values and beliefs. Can advocacy make a difference? How did we get here? What can I do to be part of making things right?

It's in times like these that I look to the NASW Code of Ethics to help me make sense of the world and my responsibilities in it. The Code states that social workers should facilitate informed participation by the public in shaping social policies and institutions. Social workers should strive to be knowledgeable enough about the political process to educate the public about the exercise of their political power. Exercising the right to vote is one of the most powerful ways we can advocate for the profession's mission.

But can voting and political action change things when the deck seems so stacked? After some restless nights and some hard conversations, and a visit to DC in June, with colleagues from around the country, I have come to the conclusion that, in fact, it is the only way.

The future of our nation depends on us believing that we can and do make change through organized action in electoral politics and then in legislative **advocacy.** I can trace how we got from a place where this country created the EPA to a place where it is on the cusp of being dismantled. Those things did not happen overnight and they did not happen in a vacuum. As real progress was being made in the late 1960s towards creating a more just and tolerant society, the right had begun to organize. But they were not organizing to elect the next president. No, they were organizing to elect people to school committees, to local city councils

Understanding that our power comes from collective, sustained, organized action is how we will turn this around



Rebekah Gewirtz, Executive Director

and selectboards, to state representative and state senator positions. They were building a bench of future leaders who would go on to run for congress and US senate and be in positions to be appointed federal judges. And yes, then appointed to the Supreme Court.

Understanding that our power comes from collective, sustained, organized action locally is how we will turn this around. It's how we will build a deeper bench and win elections, which will in turn lead to those elected leaders voting for and leading on policy change and on judicial appointees who will uphold our valuess not defy them. And it all begins in one place. It begins with usin living rooms and in social work Facebook groups and in registering people to vote and then to the ballot box. Our ability to make meaningful change is and always has been possible. We just need to harness our collective power as we commit to the fight of our lives, with compassion, purpose, and resolve. 6



# Erica Kirsners Steps Down as Therapy Matcher Chair

Erica Kirsners is stepping down from Chair of the Therapy Matcher Commission, a role that she has held for almost 30 years. During her long tenure, Erica has seen and supported huge growth in referral and membership numbers, as well as change and evolution of Therapy Matcher in many ways. She leaves her stamp on a program that has made many positive impacts in both the social work community and the public sphere, and she will be very much missed. Thank you for everything, Erica! For more on Erica's experience as chair of the Therapy Matcher commission see her article in this issue of the Social Work Voice.

## NASW Partnership Offers Webinar Series on Harm Reduction

Several hundred participants took part in a recent free webinar series on harm reduction and stigma in working with substance use. The program was a collaboration between NASW-MA, RIZE Massachusetts, and the National Harm Reduction Coalition. The presenters were Joe Pereira, LICSW (longtime NASW-MA member) and Tanagra Melgarejo, MSW. The programs were well-attended and extremely well-received. Recordings of both webinars will be posted to the National NASW Online Institute, where more social workers and others can learn about this important topic.

# Focus CE Mailerin your mailbox!

We are pleased to bring you a mailer each year that allows you to earn CEUs wherever you are, whenever it's convenient for you. This year's CEU mailer explores four different hot topic areas with courses written by social work experts within our membership. We reduced the price of

earning CEs through the mailer for our members in this issue, too. Point your phone to the QR code here and you'll be on your way to earning 6 CEUs!



# Clinical Definition of Social Work bill is on the move!

Our NASW-MA priority bill to define clinical social work practice passed in the senate as part of the Mental Health ABC 2.0 bill. It is now under consideration in the House as part of that branch's deliberations on their version of an omnibus mental health bill. This legislation would ensure that clinical social workers in hospitals and at the Department of Children and Families, and elsewhere can count their work towards their LICSW licensure. Thanks to the work of an NASW-MA convened committee to study this issue, with passage of this bill social work will not be defined for us by the licensing board or other boards. We hope to have a positive status update for you by the time you are reading this magazine!

# Social Work Interstate Compact on the Move

The profession is moving closer to more license mobility, which could have important implications for social work in Massachusetts and throughout New England and beyond. The interstate compact for social work licensure draft legislation is now available for review and public comment. You can learn more and weigh in by going to this link: https://bit.ly/3yraq1T.

# LCSW's to be Included in up to \$50,000 Loan Forgiveness Program

In March 2022, we notified social workers of a Loan Repayment Program funded through the Department of Public Health and administered by the Massachusetts League of Community Centers. This program, called the Massachusetts Loan Repayment Program (MLRP), covers professionals providing health and mental health services across the commonwealth. We heard the disappointment expressed that the program regulations covered only those social workers licensed at the LICSW level. Since we learned of the issue, we actively advocated for a correction to the regulations to include LCSWs. As we all know, many of the behavioral health professionals doing work on the frontlines are LCSWs and many have significant and even crushing student loan debt. We are excited to share with you that we were successful in our advocacy efforts! While the 2022 MLRP program has closed, in the next cycle (2023) this program will include eligibility for LCSWs.



Alamy Stock/Sueddeutsche Zeitung Photo

# Remembrance: Sophie Freud at 97

In June, we lost a pioneer in social work and an active member of NASW-MA over many years. As explained in her *Boston Globe* obituary, Sophie Freud devoted her career to the protection of children and to introducing feminism into the field of social work. She was one of the few surviving members of her family to have known her grandfather Sigmund personally. Her legacy will be lasting in the many students she influenced over her years of teaching at Simmons University. We are wishing the family of Dr. Freud our deepest sympathy for their loss.

#### **Greater Boston**

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# Ben Chase

hen Ben Chase was in an undergraduate psychology program, he said that "social work called to me" while studying the NASW Code of Ethics, so he made the switch. Ben recently graduated from Salem State University (SSU) School of Social Work with his BSW and kept going, as he's now there pursuing his MSW. "Social work has really helped me grow as a person."

Ben identifies as a blind, neurodivergent, trans man and said social work aligns with his values because it centers social justice and dismantles oppression. "I want to leverage my lived experience as a disabled trans, queer social worker, especially right now in our current political climate and with the anti-trans legislation all over the country. Representation is so important. I needed someone like me when I was younger." Ben also feels a great sense of community with fellow social workers.

In the thought-provoking interview conducted for this spotlight, Ben drew from his

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# ON THE HILL





# Paving the Way for a Brighter Future

Brianna Silva, MSW Membership and Advocacy Manager

s we wrap up our legislative session, we reflect on all that has happened this year thus far, with a lot of pride and some unfinished business.

We scored significant budget victories with the Common Application campaign and a one-year extension for free Universal School Meals. The common application will streamline the application process for those applying for safety-net programs, which we can all see the benefit from as social workers. Extending the free School Meals waiver for another year allows us to keep advocating for the bill's passage to make this a permanent program while protecting children and combating food insecurity for the next academic year.

In addition, we worked hard to ensure \$200M in behavioral health workforce ARPA funds were approved by the legislature. We are looking forward to serving on the advisory council set up by the law to help steer those funds into action. We also worked in coalition to successfully pass the Work and Family Mobility Act! This makes Massachusetts the 17th state to allow all qualified state residents to apply for a driver's license. And we celebrate passing the VOTES Act, a bill on our supported list that will permanently expand election reforms such as mail-in voting and early voting. With the recent decisions of the Supreme Court and the negative ripple effect, we see how powerful our votes in local, state, and federal elections can be. That's why making civic engagement more accessible is necessary for the Commonwealth.

### We, as a collective whole, have a lot to celebrate—so please take a moment to reflect on these wins.

We thank you for your continued advocacy and outreach to your legislators every time we send you a legislative action alert. We know squeezing in a few minutes of outreach can be challenging to prioritize —so thank you.

As I write this, we are on the cusp of passing An Act to Define Clinical Social Work, the Healthy Youth Act, and the Prison Moratorium Act, which have all passed in at least one chamber of the legislature. Maybe it's manifesting or simply being hopeful, but I'd like to see these three bills passed by the time this article reaches your doorstep.

As we move forward, we need to think about the future of social work and where we want to go. There is truly so much work to be done within the field and the systems we interact with daily that I understand this question can seem a little daunting. **That said, we will soon be putting** forth our new legislative agenda for the next session, which means we want to know your priorities for us. What specific social work-related bills would you like us to file?

Social Work students in the Commonwealth and the country have voiced their need for **payments during field placements.** We know working without pay is an instrumental weight on the field of social work as a whole. It is a barrier that prevents students from choosing social work as a career path due to the number of hours they need to be in their unpaid field placements. Student social workers take on this burden and struggle financially as they try to juggle their never-ending responsibilities, which is why states like Michigan and California have already filed legislation to address this.

Other conversations that we have had revolve around the continued challenges of the behavioral workforce shortage. We hear from providers that hiring and retaining social workers in many settings is incredibly challenging. Social workers who get their LICSW also sometimes leave clinical behavioral health settings to pursue private practice, and social workers who enter these roles feel unsupported. We know that this workforce crisis requires many action steps, but a consistent theme we have heard is about the lack of supervision at agencies. In our sister state, Rhode Island, regulations there allow social workers to receive six continuing education credit hours for supervision. Would this be something that would entice you to supervise a newer social worker in your setting? We want to hear from all of you about what would help and where you like us to put our focus and our advocacy efforts.

In the coming months, staff will discuss our next legislative agenda with our Legislative Advocacy Committee, the board, shared interest groups, and committees. Together we will decide what bills to prioritize. Please email me if you would like to be part of these discussions! **There is always room at the table for another social worker . . . or ten!** 

I look forward to continuing to advocate with you for our 2023–2024 legislative agenda and for social workers and social justice across our state. **(** 

# Voter Registration In Social Work Practice Why and How to Include It

### Leigh Hardy, LICSW, Assistant Director, Civic Health Month, Vot-ER

oter registration is a legal, ethical, and effective intervention for social workers in any setting. Under the National Voter Registration Act, some social workers are mandated to integrate it into



their practice. Despite this, it is an extremely underutilized tool in our profession.

Social work is a civically engaged profession. Social workers turn out to vote, run for office, and believe political action is a part of our mission. The skill to

Leigh Hardy, LICSW

advocate for the people we serve on a clinical and political level is an important part of our professional identity. But are we putting equal effort into helping people speak for themselves?

When people vote, they are labeled as a likely voter. This leads to campaign engagement and their needs are prioritized. As they vote more often, a positive feedback loop takes shape and is strengthened. The opposite also happens when individuals do not vote. Community needs are not prioritized by elected officials and a negative feedback loop reinforces the decision to opt out of the democratic process. Most people who are not registered to vote report that it is because they were never asked, do not know how to, or do not know that they could. People who are civically engaged by a trusted messenger, such as a service provider, are more likely to register to vote and to follow through with casting their ballot.

States with higher civic participation rates have better health outcomes. In these states, voters have secured hard-won health policy changes like Medicaid expansion and lower insulin prices. **Better voter**  turnout could increase resources going to vulnerable communities by as much as a third more. Imagine how the people you serve could benefit from three times as much public investment into the resources they need to thrive.

Imagine if our clients had a voice in how public resources are used. For example, the people elected in November 2022 will decide how billions of dollars in opioid settlement money will be spent to stop the crisis. Black, Indigenous, Latinx, and disabled Americans face the most persistent

More

endorsements

coming soon!!

voting barriers while experiencing the worst of that crisis and others. Ethical and effective social work requires us to pursue self-determination for the individuals most impacted by failed policies so they can have a voice in the decisions that affect their lives. The vote is one of the most simple, yet powerful, ways to do that.

Civic activity is associated with improved mental health and social capital on an individual scale. This is aligned with social work's understanding of human *continued on page 8* 

# NASW-MA PACE Endorsement in Legislative Races to Date

NASW-MA PACE is the political action arm of NASW-MA. We make endorsements in state level elections in Massachusetts for state representative, state senate, and constitutional officers. We also endorse at the municipal level when social workers are running for local office.

Check out our PACE Endorsements as of June 23, 2022. Want to get involved in our work at NASW MA PACE? Reach out to Beth Morrison, LCSW, Political Action Manager at *bmorrison.naswma@socialworkers.org*.

MASW-MA PACE Endorsements MA House of Representatives Manny Cruz, 7th Essex Doug Thompson, 8th Esseex Priscilla Sousa, 6th Middlesex

Vivian Birchall, 15th Middlesex Chris Worrel, 5th Suffolk Robert Jimenez-River, 11th Suffolk

MA Senate Social Worker, Katrina Huff-Larmond, District 35

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# Voter Registration

continued from page 7

relationships and self-determination. Research shows that inviting clients to engage in the civic process can lead to providers experiencing more hope and optimism about the people they serve. This means we can uplift the voices of our clients, combat compassion fatigue among our colleagues, and make a positive impact on public health policy. All by simply inviting our clients to register to vote. How can you start civic engagement with the people you serve?

Check out the national social work voter mobilization campaign, Voting Is Social Work, and their partnership with Vot-ER. Order a free Voter Registration Badge from Vot-ER. This badge is an easy way to integrate civic engagement into your practice in any setting. People use their phones to scan the badge's QR code to access a non-partisan, self-service voter platform where they can register, request a mail-in ballot, and learn about upcoming elections. Vot-ER badges are free to social workers and can be clipped to an existing ID card or worn on the lanyard provided. Vot-ER also provides scripts that are research-backed, nonpartisan, and suitable for clinical settings. Vot-ER is currently in 500 settings and this is just the beginning.

August is Civic Health Month, and hundreds of institutions across the country are celebrating the civic health of their work and building momentum for voter registration activities leading up to the November elections. Register to become a Civic Health Month Partner. This year's Civic Health Month will end with Voting Is Recovery Day. In honor of International Overdose Awareness Day, professionals who serve people affected by the overdose crisis are invited to use their Vot-ER badges, host a voter registration drive, or attend an event on August 31, 2022.

Voting means recovery from the many public health crises we are experiencing. This is an invitation to start civically engaging the communities you serve. Order your free Vot-ER badge and start asking, 'are you registered to vote?' (

# The Right Light

### Katrina Shepard, LICSW

Perhaps unexpectedly, the intersections of environmental policy, mental health, and social justice are alive and well, in the realm of dark sky conservation. We see this connection specifically



among those fighting light pollution, which impacts our psychological health, local wildlife, and much more. Light pollution, especially blue light at night, is linked

Katrina Shepard, LICSW

to increased rates of cancer, obesity, depression, diabetes, and disrupted sleep. Here in Massachusetts, Senate and House bills S2147 and H3306 aim to minimize these negative effects. The "Act to improve outdoor lighting, conserve energy, and increase dark-sky visibility" has 31 bi-partisan co-sponsors, and over 1600 people have signed a petition on Change.org, at the time of this writing.

Despite the widespread assumption that more light is better, decades of research have proven that such an assumption is misguided, and detrimental to our health. This idea of "more light = safety" has led to higher levels of outdoor lighting, which is linked to poor health outcomes. Boston primarily utilizes (often stockpiled) LEDs, for cheap, bright light, in what is called Acorn lighting- part of the city's Safe Street retrofits- when it should be following Cambridge's lead. Many outdoor lighting fixtures there have less glare, and decrease output after 10 p.m.

Why should social workers care about this issue? First, a recent study published in JAMA Psychiatry found that adolescents who live in areas with high levels of outdoor artificial light at night get less sleep, and are more likely to have a mood disorder than teens who live with low levels of outdoor light. This particular study found that teens in cities with higher levels of outdoor light were more likely to have a mood/anxiety disorder, and more likely to be diagnosed with bipolar disorder. It also found racial and socio-economic disparities. **Teens from immigrant** or minority groups who live in lower income families are more likely to live in areas with high levels of outdoor light at night. This is significant particularly during a global pandemic. Challenges related to Covid-19 have exacerbated mental health issues, and with more people spending time at home, backyard environments deserve our attention.

An Act to improve outdoor lighting, conserve energy, and increase dark-sky visibility will establish best practices for state or municipally-funded light projects, and require MA Department of Transportation (Mass DOT) to study roadway lighting practices—potentially leading to a reduction in carbon emissions. Please check to see if your legislators have signed on to support these bills and, if not, contact them right away. If contacting their offices by email, be sure to include the reasons that this legislation is needed.

Our planet's daily cycle of light and dark is important to sea turtles, birds, fireflies, and all of humanity; yet, access to a clear night sky has been steadily disappearing. Indeed, it is estimated that 80% of Americans cannot see the Milky Way, and millions of children will never experience it. In addition to supporting bills S2147 and H3306, Massachusetts residents can join their local chapter of the International Dark-Sky Association, to advocate for their own health and clearer skies. Future generations deserve to enjoy the same awe that many of us have felt, and still feel, looking up at what Anne Morrow Lindbergh once called "a bowl of stars." As social workers, we are certainly experts at finding beauty and value in the dark.

### **About Katrina:**

Katrina Shepard, LICSW is Executive Director of Shepard Therapy Associates. Her love of New England coastline and local flora contribute to her passion for the preservation of the night sky.

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Some programs may be offered hybrid—stay tuned!

# How has your supervisory experience changed since the Pandemic?

### Mary Byrne, PhD, LICSW

t a panel at the May, 2022 Youth at Risk Conference (YAR), the question I posed was "How has



your Supervision changed since the Pandemic?" There has been a lot of focus during and since the pandemic on the effects of this transformative experience on staff and on clients. Outreach and other social workers were working from home. Hospital-based

Mary Byrne, PhD, LICSW

social workers felt marginalized given the urgency of medical crises. Center-based social workers in child welfare, schools, or behavioral health centers were also distanced by working at home. All were without their often closely anchored teams and most were conducting their responsibilities on screens from makeshift offices, garages, or bedrooms.

This was the first time the YAR conference would meet in person since Spring 2020, and this was the only workshop geared exclusively to supervisory needs. I had convened a "dream panel" many months prior consisting of Tina Hoofnagle of the Lynn Schools, Tracy Gilmore of DCF, and Caryn Lister of the Home-all with significant supervisory and management experience before, during, and since COVID had changed social work's functioning. And speaking of changing our lives, Caryn had subsequently lost her dear husband James to COVID; James had done such wonderful work as CEO of the Plummer Youth Promise. Even with that loss, Caryn wanted to be part of the panel and reflect with others on how this had affected all of their work.

I asked the panelists to consider how their supervising and supervisory relation-



iStockphoto/Fat Camera

ships had changed with the following three concepts in mind:

- Moral injury and moral resilience the risk and ability to preserve integrity in the roles we fulfill as a resource to mitigate detrimental effects of not feeling we are fulfilling our missions
- Mattering—the extent to which we make a difference in the world around us by awareness and attending, investing in others' importance, and relying on us for resources.
- **Parallel trauma and recovery** recognizing that clients, staff, and supervisors all are experiencing trauma and different stages of recovery simultaneously. This calls for a trauma-informed supervisory model.

Both these concepts and the sharing among the panelists and participants sparked a rich exchange which surfaced several themes.

**Isolation:** Supervisors felt they had to individualize supervision based on supervisee's experience and learning styles, given

the isolation from more experienced team members and the learning that often occurs by modeling and informal teaching.

**Emphasizing self-care and boundary protection:** given the blurring of personal and professional space, a lot more emphasis needed to be placed on both supervisor and their staff's deliberate emotional commitment to self-care. As staff were less able to informally get support from other in-office supervisors or staff, the intensity of staff's needs was felt more exclusively by supervisors—needing to recognize a new selfprioritizing for their own wellness and reserve.

A new balance for productivity and structure: Not all staff were as mindful of administrative tasks to be completed when the emphasis also had to be on emotionally checking in. So, supervisors felt they needed to provide the structure and timeorganization more for some than others the structure often an office environment provides. Flexibility and novel approaches to staff expectations were much needed, while holding to standards clients needed and deserved. **Team connectivity:** Supervisors needed to work harder at providing the natural culture of connection that usually occurs on teams—especially for newly integrated staff—having set "happy hours," or team check-ins. Some supervisors learned to ask for more help from senior staff to help co-coach, role model, and mentor newer members.

**Sharing vulnerability:** There were times when supervisors decided to share their own limitations or vulnerable reactions and invited the same as more honest exchanges in these extraordinary times. Non-tech savvy supervisors shared their own learning curves in this increasingly digital world. This sharing at a human level became a strength within teams to manage the isolated weariness. This also allowed real emotions to be dealt with vs. hiding struggles with the "face on the screen."

**Parallel trauma** inserted itself into all supervisors' experience with all levels of staff and clients dealing with ill family members, suffering personal as well as client losses. Supervisors needed to recognize and name the waves of trying to stay above the pull of sadness and tragedy.

**Parallel recoveries** were also a challenge: Supervisors struggled with increasing expectations as COVID receded and mobility increased. There was a common questioning and wondering how this will all evolvewith the common belief that social worksupervisory relationships will "never be the same" and the work itself will continue to take new forms.

Indeed, common expressions were the amazement in recognizing that some staff were able to weather this plague in some form of wellness, while others in fact did need to leave their helping roles. Attempting to retain staff who had reached this decision was not a good decision for anyone. All agreed that somehow their experience as supervisors had been tested, altered, flexed, and resulted in new creativities they had not experimented with before.

### About Mary Byrne

Mary Byrne is professor emerita at Salem State University School of Social Work and an active member of NASW-MA.

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### REGISTER

### What Will It Be Like When COVID-19 Becomes Endemic? Considerations for Counseling College Students

Speaker: Jamall Pollock, PhD, LICSW-RI, LCSW-NY Thursday, September 14 | 12–1:30pm Earn 1.5 CEUs!

Sponsored by NASW-RI Chapter Register: *naswma.org/events* | Free for NASW-MA members



This workshop will examine historical and current trends in college counseling. We will consider the impact of the COVID-19 pandemic on college-age students, mental health professionals who work with those students, and the impact of "moving on" from the COVID-19 pandemic. Clinical considerations for general and unique presenting concerns, and methods for adapting practice with this population post-pandemic will be explored.

### REGISTER An Introduction to Clinical Social Work in Pediatric Oncology

Speaker: Laura Moynihan, LICSW, OSW-C, APHSW-C Tuesday, September 20 | 12–1:30pm Earn 1.5 CEUs!

Sponsored by NASW-RI Chapter Register: *naswma.org/events* | Free for NASW-MA members

This presentation will introduce social workers and other behavioral health clinicians to the role of social work within a medical setting and in pediatric oncology in particular. Opportunities and strategies for clinical intervention will be reviewed, as well as how clinical social workers can utilize skills from other disciplines such as palliative care in order to provide support to patients and families.

### **REGISTER** Starting a Private Practice

Speaker: Julia Nepini, LICSW Thursday, September 22 12–2pm Earn 2 CEUs!

Sponsored by NASW-MA Chapter Register: *naswma.org/events* | Free for NASW-MA members

We will be identifying the factors to consider before starting a private practice, discussing pros and cons, and reviewing the steps

to prepare. Information and resources will be provided regarding being a business owner, setting rates, identifying ideal clients, networking, insurance billing, and outsourcing.

### REGISTER

### Becoming an Intuitive Wizard: An Intuitive and Integrative Approach to Social Work Practice

**Speaker:** Bette J. Freedson, MSW, LICSW, (MA), LCSW (ME), CGP (certified group psychotherapist)

### Thursday, September 29 | 12–1:30pm Earn 1.5 CEUs!

Sponsored by NASW-MA Chapter Register: *naswma.org/events* | Free for NASW-MA members

In this didactic and experiential workshop we will examine both linear and non-linear concepts and approaches that integrate the therapeutic use of intuition from three key perspectives: 1) therapists' receptivity and readiness to use their intuitive ideas, sensations, images and thoughts, along with intuitive strengths emerging from the client's story, 2) intuitive utilization of metaphors, re-imagined stories, and re-framed perspectives that can be utilized for intuitive dissociation from painful memories, in the service of re-association of reframed meaning and integrative reference experiences, and 3) utilization of an innovative 3-step model, the ACE Schema, that will guide the development of the counselor's intuitive skills and the client's intuitive resources within a linear model.

### REGISTER

### Virtual School Social Work Conference 2022: Exploring the Multiple Roles of the School Social Worker

Speaker: Fran Kuehn, LICSW Friday, October 21 | 8am–3pm Earn 5.5 CEUs!

Sponsored by NASW-MA Chapter Register: naswma.org/events | Free for NASW-MA members

The NASW-MA Chapter will be hosting its Annual School Social Work Conference virtually with the theme Exploring the Multiple Roles of the School Social Worker, to be addressed in the keynote speaker and several workshops. Participants will have the opportunity to choose among two sessions of workshops that cover a wide range of topics related to working with children and adolescents in school settings.

# REGIONAL CALENDAR

### REGISTER

# Never Too Old: Intimacy, Sexuality and Aging

**Speaker:** Jessica Rowe, MSW, LCSW-C (Maryland)

### Thursday, November 3 | 12–1:30pm Earn 1.5 CEUs!

Sponsored by NASW-RI Chapter

There is sex after 60! We'll explore the role social workers play in preserving the right to sexuality and intimacy for all older adults, including those in the LGBTQ+ community.

### REGISTER Learning From Lived Experiences of Trauma

Speaker: Amy Ebbeson, LCSW Wednesday, November 16 | 12–1:30pm Earn 1.5 CEUs! Sponsored by NASW-MA Chapter

Relational trauma, especially from childhood experiences, is at the root of the majority of mental health issues. American Culture frequently invalidates psychological trauma and its life-long consequences. This program will give a high level overview of the implications of this and offer strategies for social workers seeking to support impacted individuals, including themselves.

# NASW-MA Virtual Awards Ceremony 2022

**Thursday, December 1 | 6–7:30pm** Online registrations for the ceremony will be opening early Fall, visit: www.naswma.org/Awards2022

Join us on December 1 to celebrate our Chapter's 49th Annual Awards Celebration. This year we are recognizing honorees who have demonstrated excellence in social work and public service in our community in the categories of: Lifetime Achievement, Greatest Contribution to Social Work, Beverly Ross Fliegel Social Policy and Change, Emerging Leader, and Advocate/ Public Citizen of the Year.

# **Regional Staff Contacts**

### Berkshire & Pioneer Valley

Jeff Schrenzel, 413-782-1757 jschrenzsw@charter.net

### Northeast

Beth Morrison bmorrison.naswma@socialworkers.org

# Southeast

Melissa Dawson melissabdawson@comcast.net

## Central & Greater Boston

NASW-MA, 617-227-9635 chapter.naswma@socialworkers.org

Check *naswma.org/events* for additional meeting details.

August 18 & September 15 | 6:30pm Nursing Home Committee Meeting

August 19 & September 16 | 9–10:30am Private Practice Meeting (Greater Boston)

September 9 | 12–1 pm Legislative Advocacy Committee (LAC) Action Hour

September 13 | 5:30pm Criminal Justice Committee Meeting

September 13 | 6:30 -7:30pm Mental Health & Substance Use Shared Interest Group Meeting

September 15 | 5–6pm Legislative Advocacy Committee (LAC) Meeting

September 20 | 5:45–7pm Political Action for Candidate Election (PACE) Committee Meeting

September 21 | 10–11:30am Retired & Retiring Shared Interest Group Meeting September 21 | 5:15–6:15pm Children & Youth Shared Interest Group Meeting

September 23 | 9–10am Private Practice Meeting (Southeast)

September 26 | 7–8pm Southeast Regional Council Meeting

September 28 | 5:00-6:30pm Ethics Committee Meeting

October 7 | 9-10:30am Private Practice Meeting (Pioneer Valley)

September 17 | 2–4 pm Networking event at Kimball Farm 400 Littleton Rd, Westford, MA 01886 Sponsored by the Northeast Regional Council Meeting

September 29 | 7:30–9 pm The Significance of Space: How the Psychiatric Environment Impacts our Treatment Experience with Speaker: Maureen Clark, LICSW 1.5 CEUs Sponsored by the Berkshire &

Pioneer Valley Regional Councils Register: *naswma.org/events* Free for NASW-MA members

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### **BOOK REVIEW**

# Addressing Challenging Moments in Psychotherapy

*Clinical Wisdom for Working with Individuals, Groups, and Couples* by Dr. Jerome Gans

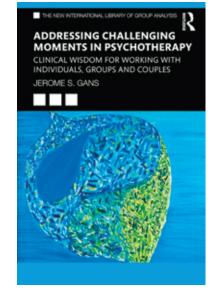
### Betsey Edwards, LICSW

r. Gans says it best in the introduction to his new book: "I have taken delight in the diversity of human nature." We have abundant access to his doing just that as he generously details 48 years of psychodynamic practice. He doesn't stop at theorizing; he tells us how he has done it, and what happened when he did. And he does it with insight and self-deprecating humor. I wish I had read his book 40 years ago. I wish I had the self-confidence to have written it myself yesterday, since he writes about clinical situations so vexingly familiar that most clinicians will feel an "aha" of recognition. If nothing else (and there is so much more), practitioners of the artful science of psychotherapy will be grateful for this practical and provocative guide to our profession, its joys and heartaches, exhilaration and exhaustion.

The book begins by summarizing eleven concepts Gans believes central to comprehending the huge range of behavior and emotion occurring in our offices. Some will immediately resonate: "Shame is a painful, ubiquitous, debilitating, and often hidden emotion." Others require a more critical reading. "Internal conflict can masquerade as dialogue" becomes clearer with the author's illustration of what he had thought to be a therapeutic interchange instead being his patient's guilt-ridden audible soliloquy. Each of these concepts is compellingly illustrated, never opaque, and certainly never left at the merely theoretical.

Entitling the second half of his book "Clinical Pearls" could initially be read as Gans' clinical chutzpah. But, indeed, these gems are both instructive and accessible. Again, he discusses a range of recognizable clinical situations, but in these chapters, he quotes his actual responses. When illustrating countertransference, for instance, he comments to a patient, "I notice that almost all of what you've told me is about things outside of you." One could imagine saying that while fighting to stay present in a session with someone Dr. Gans describes as a "grievance collector." He then demonstrates ways in which that patient's self-awareness could be increased without her being shamed, or the therapist becoming numb or enraged. Always a tough call. Most of his interventions are apparently successful, though many are certainly unorthodox and probably dependent for their efficacy on the unique skills and personality of the therapist. Gazing out the window during a session, while musing aloud to oneself about the patient's motivations, could come off badly when done haphazardly. That said, the author carefully warns of unconsidered imitation, inviting readers to learn from what he does, whether successful or not, while always being careful to respond to the patient's needs in the therapist's own style. And Gans is certainly not loath to report some of his failures. In doing so, he genuinely emphasizes his quoted belief that "the perfect is the enemy of the good."

Where the "challenging moments" of the title clearly come alive is in Dr. Gans' colorful recounting of particularly difficult encounters with patients. These situations will resonate with every honest clinician, no matter the level of experience. Who hasn't, of a morning, glanced at a certain patient's upcoming appointment and dreaded the moment all day? Who has been spared the brain-wracking challenge of the patient's question, "What do you really think of me?" And how does one gracefully respond



to a client's invitation to his wedding? Not a few of these quandaries find their way into our offices, usually when we are least expecting them. Gans' contemplations will help to arm, encourage, instruct, and entertain.

There are certainly controversial opinions here. For instance, a hard-working social worker might question the author's intentional omission of "adjustment disorders" from this discussion, as Gans characterizes these diagnoses as situational rather than representative of internal conflict. More often than not, in our holistic context, one condition overlaps the other.

But to quote from a recent review of another book, "The virtues here so outweigh the flaws that to complain seems almost like ingratitude." **Dr. Gans has** written a clear-eyed, intelligent, and pragmatic depiction of one man's successful practice of that endangered species, long-term psychodynamic psychotherapy. His basic belief that "people are doing the best they can" clearly extends to therapists and patients alike. In these challenging years of pandemic practice, what could be more necessary or welcome?

### **About Betsey**

Betsey Edwards, LICSW, is recently retired from a long career in various psychotherapeutic and educational venues. She is continuing to look for new ways to give meaning to the description, "Once a social worker, always a social worker."

# Reflections on Chairing Therapy Matcher Commission

### Erica Kirsners, LICSW

n June I stepped down as Chair of Therapy Matcher, after 29 wonderful years in the role. I take this opportunity to reflect on the referral service, my



involvement with private practitioners, and working with insurance.

The Social Work Private Practice Therapy Service was created in 1983 by Carol Trust, then Director of Clinical Practice at NASW-MA. She saw a need to help people find

social work therapists in private practice; over 200 NASW members joined that first year. Barbara Kaplan became director in 1992, and Barbara Burka in 2004. Over time, we changed our name to Social Work Therapy Referral Service (SWTRS), and then to Therapy Matcher. The service handled 30 requests a month at the beginning; 20 years later the numbers had risen to 300 a month, and 20 years after that we are now handling 300 requests a week. The explosion of demand for therapy during the pandemic has increased particularly for those who have difficulty paying for therapy out of pocket, and Therapy Matcher has been a wonderful resource for them during this crisis of access.

Through my position as Chair, I grew as an involved member of NASW, committed to helping therapists make a living while allowing our clients to use their insurance. I have remained a dedicated clinician (of the old-school psychodynamic model), while becoming more interested in macro issues of getting the Commonwealth and the insurance companies to improve working conditions for psychotherapists, especially regarding paperwork and reimbursement rates. I became active with CliniciansUnited; this group—with strong support from Rebekah Gewirtz, NASW-MA, and connections in the State House—introduced and got passed a bill to limit clawbacks by Managed Care Organizations (MCOs) to a maximum of 12 months. Rates paid by MassHealth increased significantly due to NASW-MA advocacy. The NASW Managed Care Committee became more active in advocating with MCOs, and I helped form the Liaison Committee to promote this work. If you are part of the Private Practice Google Group, you know how much these volunteer members are doing to improve clinicians' interactions with insurance.

Most importantly, my work with NASW has been an opportunity to grow within a community of dedicated professionals who are wonderful people. Thank you.

I smile as I remember that one of the first articles I wrote as Chair of the referral service was on clinical issues around termination—this was so long ago that the article is not in my computer's memory bank. What I know is that endings are transitions, and I leave this position in the able hands of our new chair, Bryan Harter, the Therapy Matcher Commission, and Barbara and our dedicated staff. (



Being a member of Therapy Matcher is obviously a great way to grow a private practice, and we hope many therapists will join. The annual fee is now only \$95, due to a grant from the Massachusetts state government. With our new website, it is easy to sign up, and then to let us know when you are looking for referrals, and when your practice is full. https://therapymatcher.org/ membership or email Barbara at bburka.naswma@socialworkers.org.

# Member Spotlight

lived personal and professional experience and social work education when discussing how to make social change, uplift and improve our practice regarding intersectionality, and better integrate micro, mezzo, and macro work. "We need to actively seek out learning, investigate our different orientations and what influences how we think, apply our critical consciousness to everything, advocate from the individual to the systemic levels, and engage in political activism. We need to do these things as professionals and for our broader responsibility to society." Ben explained how he's tried to practice these ideas at SSU, in his clinical field placement at Boston Medical Center, and subsequent legislative advocacy to decriminalize mental illness and addiction, volunteering for a crisis hotline, or as co-chair of the NASW-MA Disability Justice Shared Interest Group.

Ben asks the field of social work to continue to critically reflect upon its own practices and systems. "We fight for social justice but we also uphold systems of oppression. It's complicated."

Ben shared some personal experiences with ableism and classism, like when he applied for social work jobs that strictly required a drivers license as the only accepted form of identification, even though driving wasn't a job requirement or other transportation options were available to meet with clients. In situations like this, Ben hopes social work can better show how it values lived experience and diversity. For example, he says, "we could eliminate unpaid internships and streamline licensure for social workers with ex-offender status" to reduce barriers to entry. Ben observed the key to critical consciousness is being able to have these awarenesses then work constructively for change.

Thank you, Ben, for becoming a social worker, and for supporting our growth at all levels—as individual social workers, as a field of practice, and more broadly! If you'd like to get in touch, you may reach Ben at *b\_chase2@salemstate.edu*.

# Before It Is Too Late

What an addiction therapist wants you to know about getting help during an ongoing pandemic

### Johnna Marcus, LICSW

The COVID-19 pandemic has led many to question their life satisfaction. People changing jobs, finding more time with family, focusing on a persistent anxiety that they never truly explored with anyone, especially themselves. As a Social Worker in Addiction Psychiatry at Beth Israel Deaconess Medical Center in Boston, I have witnessed ways in which slowing our lives down has created introspection and a need to identify problems (and answers) that had previously been hidden by busier times.

This time of uncertainty has led to increases in distress and feelings of helplessness. As a therapist, I have seen an increase in this distress grow as the pandemic continues and changes. An important relational foundation can enhance change in a clinical therapeutic setting (pandemic or not): shared hope.

### **Self-Reflection**

Adding another layer to the pandemic, the time alone with ourselves leads to challenging questions such as: are we happy? And if not, what should we do about it? Do we even deserve to be happy in a global pandemic? Moments of questioning are scary—whether this is looking at your husband of 20 years and forgetting why you liked him so much in the beginning of the marriage (now that you both work from home, perhaps spending too much time together) or coming to terms with the truth that you are hiding wine under the sink for fear someone will see you drank half a bottle. Substance use disorders have been increasing at an alarming rate, hidden behind social isolation and quarantining.

While working in the Emergency Department one night, I met one patient who required help with opioid withdrawal. I kept circling the Emergency Department making sure he didn't leave as I noticed he eyed the exit almost as soon as he was admitted. He somehow saw and believed in my investment (it helped that I checked with him every 30 minutes). A year and a half later, I saw him again in the outpatient setting and we reflected on that initial meeting—"you just wouldn't give up that night" he said, now sober. He knew what I wanted most was for him to experience alleviation.

There are people working to help those who need help in this struggle. I am one of them, and I'd like to explore together why it is worth it to reach out for help, despite the challenges.

We live in a society that places many obstacles to getting help. Often, people overcomplicate what it means to begin this process. In my work, one underlying belief is foundational for the work: that people are suffering and deserve help, and change is possible.

### Answers?

In the mental health treatment world, we often look for that "magic moment of change"—that experience to break the cycle of addiction, depression, anxiety, etc. Perhaps this is a motivation for therapy—"help me make this experience the last one." There is an expectation of a fix or cure, but this is not often where the healing lies.

Sometimes I feel as if I cannot do this work, or the scariest thought, that I *should not* do this work for fear of failing. Then I remember that patient's face in the Emergency Department, the expectation of me circling around again and asking him if he needed anything—even though I just asked him that 30 minutes before. I might not have the answers, but I certainly do love making space for hope.

That patient has moved away since, still sober amid the pandemic after some early



Johnna Marcus, LICSW

challenges of relapse. I could have exited the Emergency Department that night after our meeting and assumed he would get some medical care and be on his way. This would have led to him leaving before getting the help he needed.

I don't know what specifically worked for him that night, but we both seemed to know that what we needed was for someone to have faith in a different kind of future for him—evidence that there is someone out there looking to be that help. Perhaps knowing there are people believing in this change can encourage someone to reach out to us before it's too late.

### Some Help

- Massachusetts Substance Use Helpline 24/7: *helplinema.org* 1 800-327-5050
- Find a therapist: https://www. findatherapist.com, https://www. psychologytoday.com/us/therapists, www.therapymatcher.org
- SMART recovery meetings: https://www.smartrecovery.org
- Online intergroup AA meetings: https://aa-intergroup.org
- Boston Public Health Commission PAATHS : 617-635-4500. 774 Albany St., Boston, MA 02118

### About Johnna

Johnna Marcus is a LICSW in Addiction Psychiatry at Beth Israel Deaconess Medical Center.

# Congratulations to Our Newly Elected Members of the Chapter Board and CCNLI!

We are so pleased to welcome our newest chapter board and nominations committee (CCNLI) members. Thank you to all of our members who voted in the election for this wonderful new slate of leaders!

# **CHAPTER BOARD**

### VICE-PRESIDENT FOR BUDGET AND FINANCE (1 position)



Kevin McCarthy—BA, LICSW; Clinician Coordinator for Substance Addiction Services; Eliot Community Human Services; 2020–2021 NASW-MA Chapter CCNLI Member; Board President: Massachusetts Organization for Addiction Recovery (member since 2014), Board member: Heading Home Inc. (since 2009), Board member: Namastay Sober

(since 2017), Graduates Association: BCSSW Alumni Council volunteer (2015–2016), Graduates Council: Boston College WCAS (since 2015), Graduates Council: Noble and Greenough School (since 2006).

### **GREATER BOSTON REGION** (1 position)



Jorge Delva – BSW, MSW, PhD; Dean, Director and Paul Famer Professor, Center for Innovation in Social Work and Health; Boston University School of Social Work; Council on Social Work Education, Society for Social Work & Research.

### PIONEER VALLEY REGION (1 position available)



**Dr. Anthony Hill**—EdD, MSW, BS; Associate Professor; Springfield College School of Social Work and Behavioral Sciences; NASW Social, Economic Justice, and Peace Section Committee Member 2014-2020, Various NASW-MA CE Conferences; North American Association of Christians in Social Work Board Member, The Network of Social Worm Management.

### **MSW STUDENT** (1 position)



Yolanda Okundaye – MSW; DEI Graduate Assistant, Volunteer and Learning Service Center; Boston College. Platform Statement: The core values of NASW induce consciousness raising and reshape one's thinking and behavior to be more sensitive and respectfully responsive to differences. As the MSW student representative, I aim to incorporate intentional

and transparent leadership into creating systems that promote validating and amplifying experiences of marginalized groups.

### **BSW STUDENT** (1 position)



Kailey Sultaire – MSW Candidate 2023; Student; Simmons University; NASW-MA Chapter Student Ambassador 2020-2021, NASW-MA Chapter LGBTQIA+ SIG Member 2020–2021. Platform Statement: Students are the next generation of social workers. As the BSW Board Representative, I will work to uplift the opinions of all BSW students on

NASW-MA policies, programs, and advocacy stances. By engaging with students across the state, I will ensure our voices are at the table.

# CHAPTER COMMITTEE ON NOMINATIONS & LEADERSHIP IDENTIFICATION

**CENTRAL REGION** (1 position available)

GREATER BOSTON REGION (1 position available)



Natalie Colon—BSW, LSW; Nursing Home Social Worker; Norton Social Work Group. Platform Statement: Community is an essential component of social work. NASW provides social workers with this opportunity through the ability to network and feel connected with others in the field. In addition to having access to the latest updated resources for

social workers regardless of licensure level.

### NORTHEAST REGION (1 position available)

### **SOUTHEAST REGION** (1 position available)



PIONEER VALLEY REGION (1 position available) Yolanda Bowman-LICSW; Clinical Super-

Yolanda Bowman—LICSW; Clinical Supervisor; Hampden County Sheriff's Department; Field Advisory Board for MSWs at Westfield State University. Platform Statement: Throughout my years of service in the social work field, I have come to understand the many challenges social workers face. As a social worker within the criminal justice system, it

is paramount that social workers maintain the highest level of standards and a commitment to social change and diversity.

### **STUDENT** (1 position)



Jamie Harary – MSW Candidate 2023. Platform Statement: I am a Harm Reductionist and Activist, working with drug users in Lynn, MA, to provide safer use supplies, education, and resources. As a social worker I hope to steer active drug users towards safer ways of life, and work with other social workers to teach the meaning and practical aspects of Harm

Reduction, to move the field away from policing and towards connectivity and empathy.

### **CAREER SERVICES**

# Summer Job Search Facts That Will Get You Motivated

### **Elyse Pipitone, LCSW**

This is the first summer in several years that people are actively vacationing and traveling again. As a result, you may feel less motivated than ever to job hunt. While of course you should enjoy your summer, you can also take advantage of the season's laid-back vibe to elevate your search.

Here are some myths and realities about summer job hunting to motivate and encourage you:

1. Companies do not hire in the

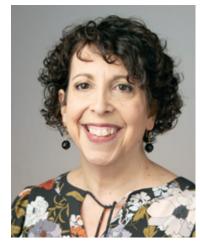
summer. WRONG. In fact, for many companies, the new fiscal year (and new budget) starts on July 1, so many employers are eager to hire. Additionally, this is the time of year that companies tend to unveil new programs or projects that will launch in the fall. As a result, hiring managers want new team members in place for the start of it. By recruiting during the summer, companies will have new hires who are ready to hit the ground running.

- 2. There are more people competing for fewer jobs. WRONG AGAIN. Because many job hunters believe summer is a bad time to find that perfect job, there will be fewer people applying for jobs, marketing themselves at hiring events, or schmoozing with new networking contacts. Ironically, by the time autumn rolls around, job seekers who had taken the summer off will end up competing against more job hunters who also postponed their search. On top of that, they will also be competing against newly minted college grads.
- 3. The interview process will be arduous because it will be harder to schedule interviews. YES, the interview process may take a longer

time—especially when HR needs to work around multiple vacation schedules. HOWEVER, some companies actually speed up the interview process by having candidates meet with all decision makers in one day. This helps them avoid coordinating multiple meetings around staff's reduced work schedules.

### Not convinced yet? Here are some additional benefits of a summer job search:

- All of the weddings, BBQs, and other summer social/family gatherings you attend can be an ideal time to connect and network. These relaxed events offer great opportunities to let people know you are looking for a job.
- The summer is the perfect time to request an informational interview. Because offices are quieter, professionals are likely to have less meetings and looser deadlines. They may have more time (and more energy) to talk to you about their career path, the industry, and the corporate culture.
- Take advantage of the season's slower pace to update your resume and LinkedIn profile. Add new accomplishments or trainings, as well as recent recognition and awards. You may even want to consider taking a course or enrolling in an online training or certification to refresh a professional skill or to develop a new one.
- If you are currently employed, the casual summer workplace makes it easier for you to interview during the work day. Your company may close early on Friday, have Fridays off, or even close down for a week or two to save on expensive air conditioning.
- Additionally, since vacation days are so common during the summer, your manager may not find it unusual for



Elyse Pipitone, LCSW

# Make the lazy days summer work for you and your job search.

you to request a day off—which you can then set aside for interviews. More serious job hunters even take a few days off for a "job search vacation," where they take part in intensive job searching and interviewing without having to sneak around.

Make the lazy days summer work for you and your job search. By being strategic and planning ahead, you can balance some well-deserved relaxation with activities that will elevate your career.

Elyse Pipitone, LCSW is the owner of Blooming Careers Coaching, based in the Boston area, where she helps job seekers with career transition and exploration and resumes/LinkedIn profiles. Is there a topic you'd like Elyse to discuss in an upcoming issue? Contact her at epipitone.naswma@ socialworkers.org.

### Employment

#### Full-Time and Part-Time, Licensed Clinicians -Essential Insights Counseling Center.

- Essential Insights Counseling Center. Essential Insights Counseling Center, a group practice in Hudson, MA, is hiring full-time and part-time LICSWs and LCSWs to join our team! We're an insurance-based group practice that believes all people should be valued, accepted, and empowered. We are committed to creating on environment that is culturally sensitive inducian environment that is culturally sensitive, inclusive and accessible to all, and one that is genuinely encouraging and supportive for clinicians. Currently, all services are provided via telehealth, but we will resume some in-person services in July. Ideal clinicians are motivated self-starters who appreciate working in a connected, collaborative setting, who have a mentality to grow and learn, and are looking for a group practice that is owned and run by a fellow mental health provider. BENEFITS: Clinicians are W-2 employees. Fulltime clinicians are eligible for health and dental insurance. Full-time and part-time clinicians get paid time off and monthly technology stipend. We also provide a steady stream of referrals, very flexible schedules, competitive compensation, administrative support, beautiful office space in a vibrant mill building, and hybrid in-person and telehealth options (fully remote is possible for the right candidate). Applicants of diverse and/or historically marginalized backgrounds are strongly encouraged to apply. For full details and to apply, go to: https://www.essentialinsightscc.com/ opportunities.

#### Assistant Professor in Residence – University of Connecticut. Assistant Professor in Residence. The University of Connecticut School of Social Work is seeking an Assistant Professor in Residence who will play a central role in the bachelor's in social work program through classroom teaching; curriculum development and implementation; and advising/ instructing students in field placements. UConn is an A CEEC

AA/EEO employer. For details and to apply, visit https://academicjobsonline.org/ajo/jobs/21911.

#### Part Time Interdisciplinary (Non-Clinical) Fellowship in Autism and Neurodevelopmental Disabilities – Boston Children's

Hospital. This fellowship provides interesticiplinary training in policy, leadership, research, advocacy, treatment challenges and current systems of care. We form a cohort of audiologists, physical and occupational therapists, nurses, social workers, developmental pediatricians, self-advocates, parents, and law students. September 2022- May 2023, Requires all day Fridays plus other half day. Contact: Lauren at lauren.berman@ childrens.harvard.edu

#### Masters Level Clinician—Massachusetts

Psychiatric Services. Looking to hire a masters' level clinician, independently licensed to join our thriving practice in Sturbridge. The population we serve includes adults, adolescents and children. Some experience treating dual diagnosis preferred. Ability to work in office or remotely, either part time or full time. Full administrative support provided. Contact: Meenakshi at 508-418-6888 x206, or info@massps.net. Geriatric Social Worker-Harbor Health, Elder Service Plan. Harbor Health-Elder Service Plan (a PACE program) in Mattapan is seeking a Geriatric Social Worker. Join a Social Work team that focuses on meeting our elder client's individual needs and improving their quality of life! The Social Worker plans, coordinates and manages social work services for frail older adults (55+) and caregivers of the Elder Service Plan (ESP) as part of an interdisciplinary team. Duties include conducting assessments; participating in Intake process providing one on one supportive counseling to ESP participants/families (in home setting as needed); actively participating in the Integrated Disciplinary Team Plan of Care meetings. MSW w/LCSW OR LICSW required, 2 yrs of exp with 1 yr of exp. providing direct therapy/services to a geriatric population, dementia, SA & end of life care exp preferred. Great benefits package offered! Places apply actions of batters/(unany offered! Please apply online at https://www. hhsi.us/about-us/join-our-team or email itranford@hhsi.us

#### Licensed Social Worker (MSW) Growing Elder Service Program–Fallon Health.

Fallon Health operates the largest Program of All-Inclusive Care for the Elderly (PACE) in New England and the fifth largest in the country. Called Summit ElderCare, Fallon's PACE helps provide older adults and their caregivers with a welcome alternative to nursing home care. Participants in Summit ElderCare have access to comprehensive medical services and social support at a Summit ElderCare site while they keep the independence of living in their own homes and communities. Functions as a member of the PACE Interdisciplinary Team and provides social work services and support to participants, families and other caregivers. Provides direction to bachelors level social workers as assigned by Social Work Manager. MSW with MA Licensure. Experience with frail Elder population.\$80,000 salary. Please contact Lisa at **lisa.rosenkrantz@fallonhealth.org**.

### Part-time LICSW or LMHC in Group Private

Practice—The Riverbend Group, LiC. Looking for therapist for small private practice in Wellesley. Flexible hours and caseload. Ability to work remotely, in-person or a hybrid. Elegant office space available. Competitive pay, positive environment, supervision available as well as professional development opportunities. Will try to match you with preferred client demographic(s). Must be independently licensed. Contact: Jessica at jessica.ameslicsw@gmail.com.

#### Therapist (5–40 hrs/week)–Cartwheel

**Care.** Join Cartwheel Care and help address the student mental health crisis! Cartwheel is a fastgrowing, mission-driven company that believes every student with a mental health need deserves timely, affordable, and evidence-based support. We partner directly with school districts to provide mental health services to students, families, and staff-delivered via telehealth. Were hiring licensed therapists with experience working with school-aged youth for our Care Team (5–40 hrs/ week). \$75–100K cash compensation for full-time; \$75-100/hr for contractors \*\* Start dates in July/ August; Spanish speakers highly encouraged to apply; clinical roles require active Massachusetts license\*\* Visit www.cartwheelcare.org to explore all open roles.

### License Eligible Therapist—Full Time and Part Time—Family and Community

Resources, Inc. Small community based nonprofit agency specializing in domestic violence, mental health and substance abuse services is immediately seeking license eligible therapists. Bilingual in one or more of the following languages a strong plus: Spanish, Portuguese, Cape Verdean, or Haitian Creole. Mission of FCR is to provide a welcoming, inclusive, and safe environment for all survivors of trauma, including those impacted by domestic and sexual violence, substance abuse, bereavement, and other causes. We are committed to modeling diversity, inclusivity, and equity within our organization to reflect the communities we serve. FCR services are offered consistent with our values of choice, acceptance, hope and digour values of choice, acceptance, increasing a set of a set of the goal of helping children and adults along their path to safety, health, and well-being. We are committed to advancing policies and practices that promote diversity, inclusion, and retention of staff and services to clients of all racial, ethnic, gender identity, and socio-economic backgrounds and beliefs. Our vision is to inspire healthier communities free from family and community violence. Through our work in support of vulnerable populations, one day all children and adults will be able to thrive in a safe, just, and equitable world. Required experience: Must have experience in trauma work, including domestic violence and play therapy; Substance abuse training and supervisory experience a big plus!; Community and office-based work with children, adolescents and adults including individuals, families and groups; Must have willingness to be involved in community outreach and training; Knowledge of issues related to child development, mental health, addiction and domestic violence: minimum 2 years experience. Required license or license eligible: License eligible in MA with a Masters Degree in Social Work, Psychology or related field; Valid MA Driver's License. \$500 sign-on bonus to be paid after six months of employment with a positive review. \$32.00-\$38.46/hour plus benefits. Starting rate dependent on experience and licensure level. Send cover letter and resume to: careers@fcr-ma.org.

#### **Executive Director—St. Stephen's Youth Programs.** St. Stephen's Youth Programs (SSYP) seeks a full-time Executive Director to lead the organization, fulfill the mission, and deepen impact in our communities. Apply Here: https://www.click2apply.net/ QIKVK1hJVBJ7Vh8rntoabr.

Full Time Social Worker/Care Coordinator, Greater Boston-Hebrew SeniorLife. Perform a wide variety of duties in social work services to patients in the Rehab Service Units (RSU). Develop professional and trusting relationships with patients, families and staff. Use creative problem-solving to meet the needs of others. Act as an advocate on behalf of patients as needed or appropriate. Communicates with patients/ families/visitors/staff in a manner that conveys respect, caring and sensitivity. Responsible for communicating and responding to issues and problems within a timely and efficient manner. Responds to patients in all situations with a calm, sensitive and supportive approach. Work as a member of the team by pro-actively working to meet patient needs. Maintain confidentiality of patient information. Meet all requirements as outlined by regulatory and licensure standards. Qualifications: Master's Degree in Social Work. Current Massachusetts Social Worker license (LICSW preferred). At least two years of social work experience in medical, surgical, or rehabilitation, units. Ability to be flexible and autonomous in managing workload. Send confidential resume to: LinFong@hsl.harvard.edu.

**Counselor/Outreach Specialist–Wentworth Institute of Technology.** Counselor/Outreach Specialist position at Wentworth Institute of Technology. This position is full-time and will provide therapy and outreach and programming to a diverse group of college students with particular focus to the mental health needs of students of color. Salary: \$65,000. Interested parties should apply at: https://jobs.wit.edu/

### Psychotherapist-LCSW (SEEKING DIVERSE CANDIDATES!!!)-Collaborative Insight

postings/6054

Counseling Associates. An expanding group private practice is seeking to hire full-time Licensed Clinical Social Workers actively seeking independent licensure within twenty-four months of hire to provide psychotherapy for high functioning adults, couples, and adolescents. Our mission is to provide high-quality, insight-oriented therapy that is culturally sensitive and adaptable to meet our diverse client population's clinical needs. Our clinical team prides itself in being multicultural, multi-lingual, and comes from a wide range of treatment modalities. BENEFITS—Clinicians are benefitseligible W-2 employees not independent contractors. Competitive compensation and generous benefits, perks and Paid Time Off. Clinicians are eligible for employersubsidized medical, vision, and dental insurance cover-age immediately upon hire. Fee-for-Service model with consistent pay, disbursed every other week; no waiting for insurance payments. No on-call shifts. Ongoing support with all back-office responsibilities, allowing clinicians to focus on clinical treatment. Bonus/incentive eligible after 12 months of full-time service with full active caseload (30 client sessions/week). \$40.00-\$60.00 per hour. Candidates of color, multilingual and persons self-identifying as multicultural, LGBTQIA+ are \* strongly encouraged to apply\* Interested candidates —Please submit a cover letter and updated resume via Indeed, and we will contact you regarding next steps: https://indeedhi.re/3Kr6PVD.

Executive Director/CEO-The Granada

House, Inc. The Executive Director/CEO maintains and advances the Granada House mission and its reputation as an excellent recovery home. This is an excellent opportunity to lead a managed care environment to help residents live productively and achieve long term recovery. Minimum 5 years successful leadership and nonprofit management. MBA or MSW preferred. Starting \$125,000. Send cover letter and resume to: edsearch@granadahouse.org.

### School Social Worker-Chelmsford Public

Schools. Seeking a Social Worker who will support children and families utilizing a clinical and casemanagement approach to address obstacles to school attendance, barriers to learning, and achieving their potential. For more information go to https://www. schoolspring.com/job.cfm?jid=3801989 or email: bischoffs@chelmsford.k12.ma.us.

### Full Time, Part Time, Contract Clinician-

Partners In Therapy, LLC. Our small group practice is looking for an independently licensed, master's level clinician to join our team. Our beautiful, windowed offices are located in Methuen at the junctions of Routes 113, 110, and 93. We offer highly competitive industry reimbursement rates, consultation/supervision, marketing, and administrative support. The ideal candidate has excellent clinical skills and can work independently. Must be licensed in Massachusetts and have malpractice insurance. We are an equal opportunity practice. Bilingual Spanish speaking clinicians are encouraged to apply. Come join our team! \$50-\$80/hr. For more info: 978-206-1218 or **Icronin@partnersin-therapy.net**.

#### Licensed Court Clinicians (LICSW–LCSW –LMHC)–Forensic Health Services.

Forensic Health Services, a Centurion Health Company, is seeking licensed LICSW, LCSW, and LMHC in Massachusetts to work in a dynamic and exciting environment. We have full-time and part-time roles available in Barnstable, Boston, Cambridge, Chelsea, Dedham, Fitchburg, Law rence, Malden, Plymouth, Quincy, & Worcester. Social Workers-LICSW: As part of our team, Court Clinic Social Workers are responsible for providing forensic services including consultation, referral, and liaison services to the Massachusetts District and Superior Courts. Responsibilities also include conducting court-ordered evaluations of individuals who come before the court on criminal or civil matters. Evaluations include Evaluation and Testimony of the Need for Commitment of Substance Users (c. 123, s. 35); Aid in Sentencing Evaluations (c. 123, s. 15e); Emergency Restraint and Hospitalization of Persons Posing Risk of serious Harm by reason of Mental Illness (c. 123, s.12a); and probation evaluations. Specialty Court Clinicians — We are also seeking licensed clinicians (LICSW, LCSW, LMHC) to work in the Specialty Court Programs in the Massachusetts District Courts. This includes the opportunity to work in Substance Abuse Recovery Court, Mental Health Court, and/or Veteran's Treatment Court. We offer competitive Compensation and a comprehensive benefits package including health, dental, and vision insurance, generous paid time off and holidays, a 401(k) plan with employer match, and much more! For more information, contact Debbie Ortega 505-333-0203 or debbie@teamcenturion.com.

### Clinical Social Worker–University of Massachusetts Boston. The full-time Staff Clinical Social

Worker for University Health Services Counseling Center will provide high quality, time-effective, evidence based and culturally responsive clinical services, including: triage; emergency and crisis intervention services; referrals and evaluations; as well as individual and group counseling and psychotherapy. The incumbent will manage a caseload so as to serve the maximum number of students who are appropriate for services at the University Health Services Counseling Center; and will consult with and/or make timely and appropriate mental health referrals for students as needed. The incumbent will also participate with outreach and supervision/training activities. The position is a full time and benefitted one, and the Counseling Center may have flexible scheduling opportunities to offer including the possibility of some remote-based counseling work. The incumbent will also participate in regular paid staff and clinical consultation meetings. EOE For more information and to apply: https:// employmentopportunities.umb.edu/boston/ en-us/job/513828/clinical-social-worker.

Associate Director, Counseling Services – Emerson College. The Associate Director provides supervision, clinical leadership, guidance, and direction for the counseling services staff. You will oversee, evaluate, and implement operational protocols as well as clinical activities in accordance with your licensing association ethical principles, including current compliance standards for staff licensure and certifications. You will maintain a client caseload, but at a reduced level to account for additional organizational responsibilities. This position also works closely with the Associate Dean and the other Associate Directors to provide leadership to the department and support the integration of services. Apply here: https://emerson.wd5.myworkdayjobs.com/Emerson\_College\_Staff/job/Boston-Campus/Associate-Director—Counseling-Services\_JR003733-1.

#### Staff Associate, Associate Administrator of Field Education – Bridgewater State University. Bridgewater State University School of Social Work is conducting a search for an Associate Administrator of Field Education. The University and the School of Social Work are actively engaged in racial justice work and organizational reflection to advance a culture and environment that is inclusive of the broadly diverse members of the BSU community and committed to student success. The associate administrator will support the Director of Field Education in administrative functions and student serving roles. Learn more about this exciting opportunity here: https://apptrkr. com/3029393.

### LICSW Clinical Supervisor/Psychotherapist (FULL-TIME) – Collaborative Insight Counseling

Associates. An expanding group private practice is seeking to hire Licensed Independent Clinical Social Workers to provide psychotherapy for high functioning clients and clinical supervision. Our mission is to provide high-quality, insight-oriented therapy that is culturally sensitive and adaptable to meet our diverse client population's clinical needs. Our clinical team prides itself in being multicultural, multi-lingual, and comes from a wide range of treatment modalities. BENEFITS -Clinicians are benefits-eligible W-2 employees not independent contractors. -Competitive compensation and generous benefits, perks and Paid Time Off (PTO). —Člinicians are eligible for employersubsidized medical, vision, and dental insurance coverage immediately upon hire. — Fee-for-Service model with consistent pay, disbursed every other week; no waiting for insurance payments. -No on-call shifts. -Ongoing support with all back-office responsibilities, allowing clinicians to focus on clinical treatment. -Bonus/incentive eligible after twelve (12) months of full-time service with full active caseload (24 client sessions/week) Salary Range: \$50.00-\$70.00 per hour. \*Candidates of color, multilingual and persons self-identifying as multicultural, LGBTQIA+ are strongly encouraged to apply\* Interested candidates, please submit a cover letter and updated resume via Indeed, and we will contact you regarding next steps: https://indeedhi.re/3Kr6PVD

### Educational Program Administrator –

University of Connecticut. The University of Connecticut School of Social Work is seeking applicants for two full-time experienced positions as Educational Program Administrators in the Office of Field Education. One position will be primarily focused on micro social work practice. The other position will be a mix of micro and macro social work practice. The School of Social Work offers degrees at the bachelor's, master's, and doctorate levels and offers classes to non-degree students, as well as certificate programs and workshops. Under the supervision of the Director of Field Education, supports the educational and professional development of MSW and BSW students with a commitment to the School of Social Work's mission of advancing knowledge and community engagement to achieve human rights and social justice at the University of Connecticut School of Social Work. UConn is an AA/EEO employer. For full details and to apply: https://jobs.hr.uconn.edu/en-us/job/496261/ educational-program-administrator.

Licensed Social Worker (MA) - Marguerites House Assisted Living (Mary Immaculate). 20–32 hours /week (flexible). Responsible for the social service assessment of the assisted living residents, implementation and ongoing evaluation of the social service portion of service plan. Competitive pay and benefits. Must be licensed Social Worker in Massachusetts. Learn more at www.mihcs.org/join-our-team or email resume to careers@mihcs.com.

#### Social Worker: Full time \$2,000 Sign on Bonus offered! – TaraVista Behavioral Health Center. \$2,000 Sign on Bonus!

Supervision available for your individual licensing program! You'll bring your experience and knowledge where your voice matters. You will provide direct care and support not only to our patients but also their families and make decisions that impact the lives of your peers, your patients, and your community. In exchange, we will care for you as much as you care for our patients. You will provide clinical social work services in partnership with physicians, nurse practitioners, and direct care staff. You will administer biopsychosocial assessments, multidisciplinary treatment planning, case management, individual and family therapy, and systems interventions directed towards comprehensive discharge strategies and aftercare planning. You will also assist with insurance utilization review and provide liaison services to patients and their family/guardians, the hospital, and outside community agencies and programs as needed for care coordination. We offer competitive compensation depending on education and years of experience. Our benefits package includes medical, dental, vision, 401(k), STD, (LTD), life insurance and tuition reimbursement. Successful candidates will have the following: -LCSW or license eligibility for LMHC required. LICSW or LMHC with prior experience working within an inpatient behavioral health or acute care settings preferred. - Prior experience working within an inpatient behavioral health setting, short-term treatment and/or acute care preferred. —Advanced level knowledge and experience in the application of clinical behavioral health treatment and family system modalities for patients with psychiatric illnesses, as well as risk and safety assessment. -Sufficient typing and computer skills to facilitate use of Electronic Health Record required; experience with Electronic Health Record, including Medsphere/Vista preferred. —Possess advanced level knowledge and experience in the application of clinical behavioral health treatment and family system modalities for patients with psychiatric illnesses. —Possess an understanding of appropriate community supports and systems available to patients after discharge. Demonstrate compe-tency and possess the knowledge base, skill and ability to work in an acute inpatient setting. New grads welcome to apply. Please email Carrie at ctaylor@taravista.care for more information and to apply.

### **Director of Counseling Services-Eastern**

Nazarene College. Oversee and manage mental health counseling services, including individual clinical counseling services, group counseling programs, and campus mental health education. Coordinate and maintain partnerships with local mental health and victim services resources. Be a resource to the broader campus community, advocating for an environment that promotes student well-being. Learn more at https://enc. edu/jobs/director-of-counseling-services or email careers@enc.edu.

#### Full-Time (30 hrs/wk) or Part-Time (20 or 24 hrs/wk) Psychotherapist (LICSW) Position w/Benefits—Clinical Alliance

Services, LLC. Clinical Alliance Services, LLC is a small group practice serving the Cambridge (Harvard Square) and Boston (Back Bay) communities. We have developed a practice model that provides our staff with the experience of private practice and support of group practice. We offer individual and couples therapy to adults, including college-aged clients. Our model is heavily influenced by psychodynamic, psychoanalytic and relational / attachment-based approaches. Psychotherapists provide weekly or twice-weekly therapy, based on client needs, and are encouraged to utilize their clinical expertise to independently guide treatment with the support of weekly clinical consultation meetings. Our clinicians regu-larly participate in well-established community training opportunities and generous annual professional development stipends are provided. We offer competitive compensation, excellent colleagues and beautiful office settings. Part-time and full-time positions are available. Health insur-ance (BCBS HMO and PPO), dental insurance, vision insurance, 401K with employer match and PTO available to both part-time and full-time employees. Psychotherapists set their own schedules and decide whether to meet with clients in-person or via telehealth: ideal position for excellent worklife balance. Candidates must be independently licensed (or eligible for licensure within 90 days) in Massachusetts and demonstrate multicultural competence. Email CV and Cover Letter for consideration. For more information please email jobs@clinicalallianceservices.com.

### **Office Space**

**Belmont (Cambridge Line).** Sunny Full and Part Time offices available in building for mental health professionals. Some on site parking and plenty of off street parking. Bus stop next to building. Contact Eric at 617-510-0399 or **eric@pearlmangroup.com** for availability.

**Boston.** Downtown Boston (The Therapy Room, www.txroom.com): Prestigious location. 3–6 months of free rent at sign up. Affordable rental pricing model under \$10/hr. Beautifully designed, fully furnished offices set up specifically for psychotherapy practices. Flexible rental options: part-time, full-time, and for hybrid work. Robust referral network. Clinicians new to private practice receive support and referrals to start their business. Optional administrative services (insurance credentialing and billing). HIPAA compliant zoom platform. See details, services, pricing, and a photo gallery of our offices at www.txroom. com. Contact Dr. Tomasz Vav at 617-706-2601 or txroom@txroom.com for details.

Brighton. Furnished two-office suite w/lg private waiting room; 680 sq. ft. Professional bldg 1st fl., buzzer entry. Windows, air filters, new paint/carpet. Free parking. Sublet any days except Wednesdays, min 2 days/wk. Entire suite \$600/mo for 2 days/wk; \$1200/mo for 4 days/ wk. Incl heat/AC, wifi, cleaning. Off Soldier's Field Rd, Brighton. Contact: Nina at office@ obotc.net. **Boston.** Full-time, 97 square foot office for rent, close walking distance from state house and T. Includes access to small kitchen, restrooms, internet (Comcast), fax, color copier/printer/scanner, conference room with TV and table with chairs, daily trash removal, and paper recycling. Heat and AC included. \$1,000 per month. Contact chapter.naswma@socialworkers. org for more information.

**Boston.** Full-time, 107 square foot office for rent, close walking distance from state house and T. Includes access to small kitchen, restrooms, internet (Comcast), fax, color copier/printer/scanner, conference room with TV and table with chairs, daily trash removal, and paper recycling. Heat and AC included. \$1,200 per month. Contact chapter.naswma@socialworkers. org for more information.

**Belmont (Cambridge Line).** Sunny Full and Part Time offices available in building for mental health professionals. Some on site parking and plenty of off street parking. Bus stop next to building. Contact Eric at 617-510-0399 or **eric@pearlmangroup.com** for availability.

**Brookline.** Beacon Street, walk to Longwood. locked space for therapy fits desk, bookcase, couch, chairs. Shared area with refrigerator, microwave, and mailboxes, and bathrooms. \$1800/month. Contact Natasha at natasha@ascensioncareservices.com.

**Brookline.** Lovely light quiet office in therapist suite. \$1075 includes utilities, cleaning, kitchen, waiting areas. Near Coolidge Corner on Beacon. Lease till 12/31/23. Will paint, carpet. Contact Lisa at **lisajudithsutton@gmail.com** 

**Brookline.** Brookline, Beacon Street Therapy rooms with internet avail. Yearly only, Rent \$950/ mo includes all utilities and office cleaning as well as furnished reception areas. Contact: Leo at 617-416-8777 or **leoarnfeld1@gmail.com**.

**Cambridge.** Attractive offices available to sublet in therapist suite in Porter Square. Steps from T/commuter rail, minutes from Davis and Harvard. Waiting area, clinician breakroom, and shared bathrooms. HEPA air purifiers, WiFi, printer/scanner, office and kitchen supplies, and all utilities included. Flexible openings, no minimum hours required. Contact Marianne Cook at **portersquaretherapysublet@gmail.com**.

**Cambridge.** Lovely office in professional suite between Harvard and porter squares. Hardwood floors, high ceilings, closet, shared waiting room and staff office. Suite mates are in private practice with self-pay clients. Rent is \$927 per month. Looking for someone to take over current lease ASAP. Contact Ariel at arielglick1@gmail.com.

**Cambridge.** Harvard Square (Cambridge): Furnished part-time psychotherapy office sublet in Victorian house. Free WIFI, shared waiting area/ bathrooms/kitchen with great community of clinicians. Interoffice referral opportunities; private practice start-up consultation resources available. Terms as short as 3 months. Sign 12 month lease and get FIRST MONTH FREE. Contact Rob at 617-299-1345.

**Cambridge.** Offices with character and charm available in office building with psychotherapists on Concord Ave. in Observatory Hill area. Common waiting areas. Utilities and wifi included. Subletting permitted. Near Harvard Square and on bus line. Contact Nikki Turner at 617-680-1134.

# CLASSIFIED ADVERTISING

**Cambridge.** 875 Massachusetts Avenue, Cambridge. Beautiful full-time office with plant-filled window overlooking historic Cambridge neighborhood in a two-office psychotherapy suite. Therapist-occupied building with elevator. Five-minute walk from the Central Square T station. Includes all utilities and cleaning. Central Air. Furnished or unfurnished. Flexible start date. Contact: Allison at 617-308-6854 or ac@allisoncelimli.com.

**Cambridge.** Cambridge, Harvard Square. Modern mixed use building on Mass Ave next to Hotel Veritas. Beautiful office with large windows, and view of hotel and square. \$1550/month including all utilities, cleaning and internet. Also offices with hours to sublet. Shared waiting areas, friendly, collegial atmosphere, anti-Covid compliant. Contact: Greg at 603-327-8133 or **GregCarmichael@myfairpoint.net**.

Cambridge. Sunny furnished office, modern professional building near Central Square. Great colleagues, large waiting room, kitchenette, upgraded HVAC. \$1050, includes all utilities. Part-time 2 days, \$500. Contact: Linden at LCassidymd@gmail.com.

Cambridge. 875 Massachusetts Avenue – FullTime 7th Floor Window Office Sublet available. Class A Elevator Therapy building. Sublease includes 24/7 Office, shared furnished waiting room, all utilities (AC, Heat Internet), cleaning, PARKING SPACE from before 1 PM Monday-Friday and all day Saturday-Sunday. \$1,300 per month. Contact: David Last at 617-875-1382 or DLast@Last2Dev.com.

**Cambridge.** Rarely Available 875 Mass Ave THREE WINDOW OFFICE SUITE with waiting room on 7th floor. Sweeping city views. Parking Space Included. Professionally managed, Elevator, Central Air, waiting area, insulated walls for therapy, Tons of light. Available November. This is a class A therapy building with over 50 practitioners. Photos available. Contact: David Last at **DLast@Last2Dev.com** or 617-875-1382.

Cambridge/Porter Sq. Full and part-time office space available in a sunny, friendly psychotherapy office suite across from the Porter Square T-stop. Waiting area and access to internet, photocopier, fax, and kitchen included. Full-time @ \$1,100/month; 15 hours/week @ \$550/ month; 8 hours/week @ \$90/week; 4 hour blocks @ \$12/hour. Contact: Beth at wmhc.collective@gmail.com.

**Lexington.** Part-time office in an attractive and collegial suite. Professional building (Liberties) great location/parking. Monday, Wednesdays, Fridays available. Two day minimum. Contact: Esther 617-620-5745 or edechant@partners.org.

Lexington. Private offices in updated Condo suites at desirable Custance Place, 76 Bedford St. Beautifully furnished shared waiting room and kitchenette. Basement file storage. 24/7access, ADA compliant, elevator and free abundant parking. Easy commute to/from Rte.2, Rte.128, Rte.3. Prices vary from \$400 for PT to \$990 plus electric for full time. Contact Allen Elgart at allen.elgart@verizon.net or 781-254-2888. Lexington. PT Sunny Office Space in Beautiful Lexington Ctr. Available Fridays and one additional (negotiable) day. Second floor of historic building, carpeted, window, nicely furnished, central A/C. Waiting room shared with one other clinician, bathrooms and mini kitchen on same floor. Electric, WiFi included. \$500/two full days, no partial days. Contact: Cynthia at 781-863-5570 or drtavilla@gmail.com

Lexington. Large, full-time private office with window in recently renovated/redecorated Condo suite at desirable Custance Place, 76 Bedford St., Lexington. Beautifully furnished shared waiting room. 24/7 access, handicap compliant, elevator and free abundant parking. Easy commute to/ from Rte.2, Rte.128, and Rte.3. Priced at \$850 plus \$20 electric per month. Contact: Noelle Cappella at 617-875-8717 or nmcapp22@ gmail.com.

Melrose. Entire office suite for rent on Main Street in Melrose, \$1600/month. 5 rooms currently being used as 3 therapeutic offices, 1 file/storage room, and 1 smaller break room. Suite includes waiting room, kitchenette, two storage closets, reception desk, and a private bathroom. Contact: Laura at 781-797-0613 or Counseling@LauraWayneLICSW.com

**Norwell/Hingham.** Beautiful office in Washington Square. End unit suite with plenty of natural light. Shared with other mental health professionals in a friendly and professional environment. Includes: utilities, copier/fax/scanner, WiFi, central air. Easy highway access. Discounted rate of \$7/hour is for a part-time furnished office. A full-time office is also available. Contact: Kristin at 781-987-3373.

**Norwood.** Office sublet, great downtown location, available full days on Tuesdays, Thursdays, Saturdays, Sundays with four-hour blocks on other days. Fullyfurnished, three-office suite with waiting area, bathroom, and break room. Heat, electricity, A/C, WIFI and copier use included. Contact: Meredith Goldsmith at 617-792-7637 or **Merrieg17@gmail.com** or Mary Tarvin at 781-414-2247

**Norwood.** Part time office space available in a mental health suite. professional building, handicapped accessible, large waiting room, new furniture. Contact: Jill at **jbriansky@hotmail.com** or 857-242-9939 for more info.

**Plainville.** Beautiful 2 office suite with private waiting room, refrigerator and microwave, in lovely professional park. Plentiful free parking. Sublet up to 4 days a week. Please contact Janet at 508-695-3993 or **jsbrus@msn.com** for details.

Quincy. Space available in beautiful suite (Mon./Fri./ Sat.). Professional building. Excellent location. Easy access to Rte 93/95/3. Short walk to T. Contact: Barbara Mordini at 617-471-6322 or **bmordini@** comcast.net for more info.

**Roslindale.** Beautiful 2 office suite, waiting room, kitchenette, copier, fax. Sublet from one 4 hour block up to 3 days per week. Collegial environment, plentiful referrals. Contact: Audra at **audra.gilsing@gmail. com** for more info. Somerville. Beautiful office, rent immediately. Charming, spacious, quiet, and sunny, 2 windows overlooking gardens, hardwood floor and large storage closet. AC/ heat included. Sublet welcome. \$1055. Victorian office building, North Cambridge, Tufts/Davis Square. Walk to the T. Free parking. Enjoy cross-referrals, networking, and a wonderful atmosphere with other mature professionals. Waiting rooms, eat-in-kitchenette, wi-fi. Extra responsible management. Contact: Yaron at yaron\_ gal@yahoo.com for more info.

Wakefield. Attractive, accessible office in 3 office suite, available full or part time, furnished or unfurnished, air purifier. Use of waiting room, mail. On bus line. Contact: Nyla at nylamcculloch@earthlink.net or 781-245-8185 more info: nylamcculloch.com.

Wellesley. Elegant therapy office in 3-room suite with private waiting area and water cooler. Located off of I-95, next to the Charles River. Near shops, restaurants and multiple healthcare facilities. WiFi/utilities included, fully furnished. Flexible options: hourly blocks (4hr minimum) or full-day rentals. Contact: Jessica at jessica.ameslicsw@gmail.com.

Westford. 5-office independent clinician suite with waiting room, meeting space and elevator, conveniently located off 495. Two offices are available for affordable rent + utilities. Please contact Holly at hredding99@ yahoo.com for details.

West Roxbury. Newly designed, sunny office space in West Roxbury. Private waiting room, HEPA air filters, a/c, wifi, on-site parking lot, on bus route. 4-hour minimum, \$12/hr. 4+ hours/ week, \$10/hr. Available afternoons, evenings, weekends and some full days. Photos available. Contact: Jenn at jennbrandellicsw@gmail. com or jennbrandel.com.

Wilmington. Sublet available in psychotherapy suite Monday, Wednesday, and/or Friday. Includes shared kitchenette, waiting room, parking. Friendly, collaborative environment located right of 93, near 95. Contact Lexi at lexi@connectionscounselingservices.com.

### **CE Programs & Trainings**

Cultivating Vitality In Challenging Times -Massachusetts Society for Bioenergetic Analysis. Cultivating Vitality In Challenging Times: Introducing The Tools & Principles of Con-

Times: Introducing The Tools & Principles of Contemporary Bioenergetic Analysis. Integrating work with body and mind in the context of a healing psychotherapy relationship. Introductory workshop Sat, Sept 17 from 1–5 pm at Shilo Farm in Eliot, Maine. We offer an in-person, clinical, in-depth training program and an online introductory course offered in 6 sessions once/month. We also offer referrals to bioenergetic therapists, resources, and conferences. For information and registration go to **www.massbioenergetics.org**. We welcome your participation! **Events @ Therapy Training Boston.** Courses: Intensive Certificate Program in Family Systems Therapy with Liz Brenner & faculty 9/9/2022-6/9/2023, 94 CEs. Monthly Master Series in Couples Therapy: Seven More Approaches to Interviewing with Corky Becker & faculty 11/2022-5/2023, 18 CEs. WORKSHOPS: Relational Spirituality, Social Justice, and Cultural Humility in Clinical Work 10/14/2022, 4 CEs Applying Concepts from a Single Session Model to longer-Term Work 12/2/2022, 5 CEs. Witnessing as Activism: Psychosocial Support Before and After Covid 2/3/2023, 4 CEs. Visit: www.therapytrainingboston.com or contact Liz at (617) 924-9255 or **liz@therapytrainingboston.com**.

# Supervision, Groups & Services

Save the date for Safe and Sound group for professionals! Could you use a nervous system booster? Join Carol Nickerson, LICSW and Linda Cooke, LICSW and experience the Safe and Sound Protocol developed by Stephen Porges, in an experiential group for professionals on Zoom, beginning September 2022. For more information go to www.safeandsoundprofessionals.com.

### **ACCURATE CASH FLOW SOLUTIONS,**

INC. is a Medical Billing and Collections company based in Wrentham. Increase your yearly pay by a minimum of 20% without changing your patient load! ACFS provides billing and revenue management services and offers customized solutions specific to Mental Health billing. Reduce or eliminate phone system cost, computer hardware, software upgrade fees, supplies and forms, document storage and management costs! Mention this ad to receive free set up and \$250 off first invoice! BE IN THE BLACK...NOT IN THE DARK! Call Sharon Galvin at 508-369-2551 or email Sharon@BestBillers.com for more information today. www.accuratecashflowsolutions.com.

Lesbian Psychotherapy Group. Ongoing Lesbian Psychotherapy Group This longstanding group is for women of all ages, psychodynamic in nature, and focused on personal and interper-sonal experience. The group has met in person and on Zoom when necessary during the pandemic. Ideally in person. Please contact me with any questions. Currently accepting new members. Contact Rachel Flanders, LICSW: **flanders**. rachel23@gmail.com.

### EMDR Online Case Consultation Group.

Monthly, weekday noon and evenings, 2 hrs each, focused on modifying the standard protocol for clients with complex trauma and dissociation. Open to anyone who completed EMDRIA-approved EMDR basic training. Counts towards EMDR certification, including individual consultation hours (case presentations are counted as individual consultation). Contact Carmen at 978 237 4730 or carmen@carmenpepicelli.com.

**Relax For A Minute.** Do you need to relax from all the hullabaloo in your life? This app might be able to help! It has screens with pictures, text, and buttons that could help you relax every day. Relax For A Minute is available in the App Store. https://apps.apple.com/us/app/relax-for-a-minute/id1543821598

# NASW. MASSACHUSETTS CHAPTER Advertising Media Kit

January - December 2022



# Reach Massachusetts's largest network of social work professionals

through Social Work Voice, a magazine publication from the National Association of Social Workers - Massachusetts Chapter, and NASW-MA's website, naswma.org.

Let us help you find your next employee or supervisee, fill your vacant office space, promote your upcoming conference or training, and more! Social workers in our network work in mental and behavioral health, including in private practice, with aging and older adult populations, with children and youth, including in schools, at the intersection of the criminal-legal system, in nonprofits and government, and much more!

# All ads placed appear <u>both</u> in Social Work Voice and on naswma.org

# 4 issues

6,500 social workers and legislators receive each issue, with the exception of the Winter issue which goes to 20,000+ LCSWs and LICSWs across Massachusetts

All ads are posted to our website within 5 business days of submission and remain live on our site for 6-8 weeks. Our website has over 5,000 visitors each week.

,800





# Ad options and pricing:

Туре	Size	Price
Classified	Up to 25 words	\$80
Classified	26-50 words	\$95
Classified	51-100 words	\$190
Classified	101-200 words	\$380
Classified	201-300 words	\$760
Display	1/6 page (vertical)	\$300
Display	1/3 page (vertical)	\$450
Display	1/3 page (square)	\$550
Display	2/3 page (vertical)	\$750
Display	1/2 page	\$825
Display	Full page	\$1,800

### Additional information:

- There is a 15% surcharge for ads placed for the Winter issue, which reaches 20,000+ social workers, opposed to 6,500
- Borders are available for classified (textbased) ads for an additional \$5/ad
- NASW-MA members are eligible for discounts on OFFICE SPACE classified ads
- Display ads will print as-is in Social Work Voice, but will appear as text-only online

# naswma.org/PlaceAd



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### MASSACHUSETTS CHAPTER

11 Beacon Street, Suite 510 Boston, MA 02108

Vol. 5, No. 3 Summer 2022





# VIRTUAL SCHOOL SOCIAL WORK CONFERENCE 2022

Friday, October 21 (8:00-3:00pm EST)

Keynote Speaker Fran Kuehn, LICSW

5.5 CEUs available!

### Exploring the Multiple Roles of the School Social Worker:

How School Social Workers can leverage evidence-based practices and Social Work values to transform the environment of their school. Participants will have the opportunity to choose from a variety of morning and afternoon workshops on diverse topics.

Online registrations are opening this Fall!

Visit: www.naswma.org/SSWConf2022